



Growing Matters

Greetings

This summer, I lost my balance. Not just for a second, more like a month. It wasn't fun for me and I would have to guess that it wasn't much fun for a number of people who came in contact with me.

What caused this lack of equilibrium? Too much of a good thing I think. Interestingly enough it took a pretty significant event for me to see that I was out of balance. My truck was in an accident (thankfully no one was in it at the time). In the frustrating days that followed, my husband and I obtained a rental van to haul my plants, organized truck repair, and dealt with impersonal insurance companies. At first I thought it was the accident that was causing my lack of poise, in hindsight I see that I was teetering before the accident happened. I won't go so far as to say the accident was a blessing, but I will say that it was a catalyst for me to make some changes.

The one major change, was the decision to stop going to the Tuesday

evening Farmer's Market. The Tuesday market seemed like a good idea when I signed on in April, after all, I enjoyed the Thursday and Saturday market, so why not add another day. In my pre-season enthusiasm, I blocked out the part about loading and unloading the truck a couple more times.

Interestingly enough, I got a fortune cookie during that time that read "The pleasure of what we enjoy is lost by wanting more." I keep that fortune on my desk as a reminder. Gardening and working with plants is pleasurable, but whatever our interests, putting too much focus on one thing, can definitely wring the joy out of the activity and leave us out of balance. If, occasionally, you find yourself off center, you may want to check out the article below on how to create a space in your garden to renew the spirit.

-Vicky Hilleges

Creating a Sanctuary Garden

We can all benefit from a place that provides refuge from the daily hustle and bustle. A sanctuary garden is a place where we can reconnect with ourselves and with nature.

Where and how to create this special place are personal choices, but the following are some suggestions. The best approach is simply to walk around your outdoor space and find an area that speaks to you. Although it will vary by individual, the space may be one that provides a pleasant view, a quiet corner, or the shade of a mature tree.

There are some common elements you may want to consider when designing your space. Providing comfortable seating will make your space more enticing and encourage you to take a break. If your site isn't already shaded, you may want to add a tree or garden structure to provide refuge

from the summer sun. Enhancing your space with natural sound can have a soothing affect and can be accomplished by adding a bird bath or water feature.

Plants can help to create boundaries, enhance or screen a view, add fragrance and encourage wildlife in your garden. Plants can also elicit fond memories. Take the time to select plants that will provide and or contribute to the environment that you are seeking. Try to avoid making it a fussy garden, you don't want to be trying to relax while looking at a rose bush infected with black spot and aphids. For those with limited space or abilities, a simple but well maintained container can provide a colorful focal point.

The only essential element to include in your sanctuary garden is you. Remember to take the time to enjoy your space.

Pippi's Plant Spotlight

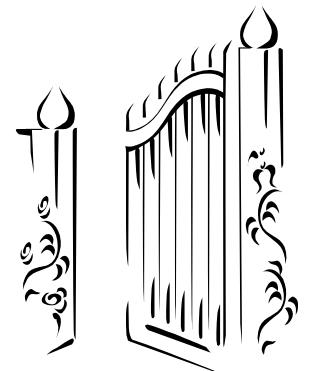


Anemone
'Whirlwind'

a.k.a. (Windflower)

Large two inch semi double white petals frame a golden center. Blooms freely and continuously from late summer into fall.

- ❖ Full sun - part shade
- ❖ 36 " tall
- ❖ Likes moisture
- ❖ Cut flower
- ❖ Rabbit resistant
- ❖ Deer resistant
- ❖ Zones 5-8



Pippi's Perennials

perennials • waterplants • shrubs

12 Sherry Lane
Kirkville, NY 13082-9212

315-656-0842

hilleges@twcny.rr.com

www.pippis.net

*Gift Certificates
Available*

*Half the interest of a garden is the constant exercise of the imagination.
~Mrs. C.W. Earle, Pot-Pourri from a Surrey Garden, 1897*

Special Events

Pippi's Garden Club Meeting:

Monday, September 22nd @ 6:00 pm:

Fall Planting & Winter Garden Preparation

Pippi's Fall Open House:

Sunday, Sept. 14th, 10 am - 4 pm

10% off all purchases ♦ Refreshments ♦ Display Gardens

Last Call: In an effort to be more green, Pippi's is reducing the number of paper copies of our newsletter. This will be the final mailing unless you have contacted us to remain on the mailing list. If you haven't yet contacted us but would like to continue receiving *Growing Matters*, please send us an email so that we may send it to you electronically or a note saying that you would like to be kept on our mailing list.

Pippi's Locations & Hours

CNY Regional Market Authority:

2100 Park Street
Syracuse, NY

Open: May 1st – Oct 30th

Thurs. 10:00 AM – 4:00 PM[±] (Shed A/18)

Sat. 7:00 AM - 2:00 PM (Shed D/10+12)

Home Location:

12 Sherry Lane
Kirkville, NY 13082
(Sherry Ln. is located off Fyler Rd.,
¼ mile east of N. Kirkville Rd.)

Open: April 25th – Oct. 31st

Fri. 9:00 AM – 5:00 PM

Or By Appointment



Perennial Plant Association

New York State Nursery/Landscape Association