



Growing Matters

Greetings

Browsing the business section of the Sunday paper I came across an article stating that money and happiness are not linked. Studies show that once we have the financial means to meet our basic needs for food, shelter and safety, money has little to do with how happy we are.

That didn't surprise me much, but it did make me wonder what research had to say about what does make us happy. It turns out time off can provide more pleasure than the money you make working extra hours. Also when you do spend money, research indicates that experiences have a higher happiness payoff than buying durable goods. So paying a visit to a state park with your family may have a greater benefit than a

purchase at the mall.

In general, leisure time is going to make you happier than work, but the article did make a point to say that active leisure has the highest happiness reward. So getting out from in front of the television can also increase our happiness.

I find no surprise in the fact that so many of us find time spent in the garden among those activities that can bring us joy. The article suggested that enjoying a good meal with friends is one of the best activities for experiencing happiness. I would say that is about right, but the ultimate pleasure for me would be good food, good friends, and a view of a great garden.

-Vicky Hilleges

Fall Meadow Garden Tips

Some of the most beautiful fall plants are those typically found in a meadow. You can use these large, bold plants to create a meadow or woodland edge garden of your own.

Use tall Joe-Pye weed with its dusty rose blooms at the back of the garden with Solidago 'Fireworks' that provides an explosion of yellow. Echo the yellow of the Solidago with the yellow to golden orange of black-eyed Susans. Echinacea 'Sunrise' and 'Sunset' with their yellow and vibrant orange colors respectively are

also good choices. Sedums and asters provide added splashes of color for the front of the border.

All of these flowers make great, long-lasting cut flowers too. Just cut them in the morning and put them into a vase to enjoy indoors for days.

You won't be the only one to enjoy your garden if you leave the stems and seedheads up through the winter. In addition to adding interest to the winter landscape, the seedheads offer a winter treat to a variety of birds including chickadees and goldfinches.

Garden Gate Chat

When is the best time to divide ornamental grasses? Early spring around the time you would normally cut down the clumps is the best time to divide grasses. Lift out a clump with a spade or fork and depending on the size, use a knife, spade or saw to separate it into smaller pieces.

Pippi's Plant Spotlight

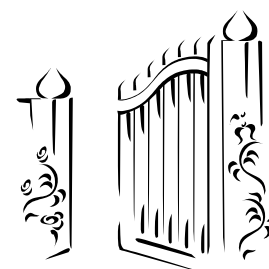


*Aster x frikartii
Monch*

a.k.a. Frikart's Aster

Elegant, cool lavender-blue single flowers with gold centers occur on upright, freely branching stems. It blooms earlier than most asters. A tremendous performer!

- ❖ Full sun
- ❖ 24" tall
- ❖ Prefers average to dry soil
- ❖ Good cut flower
- ❖ Attracts butterflies
- ❖ Deer resistant
- ❖ Blooms late summer to mid fall
- ❖ Zones 5-8



Pippi's Perennials

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The greatest gift of the garden is the restoration of the five senses. ~Hanna Rion

Fall Blooms at Pippi's Perennials

Among the challenges of perennial gardening is providing for continuous bloom. By labor day many of the summer blooming plants are starting to fade, but there are a number of plants that wait until September to achieve their full glorious bloom.

At right is a list of late summer, early fall blooming plants available at Pippi's. Consider adding a few of these beauties to enrich your fall landscape. They are a natural compliment to Indian corn and pumpkins.

Pippi's Fall is for Planting Open House
Sunday, Sept. 17th, 10 am-4 pm

10% off all purchases ❖ Refreshments ❖ Display Gardens

- ❖ Anemone (Windflower)
- ❖ Aster
- ❖ Buddleia
- ❖ Chelone (Turtlehead)
- ❖ Cimicifuga (Bugbane)
- ❖ Echinacea (Coneflower)
- ❖ Eupatorium (Joe Pye Weed)
- ❖ Grasses
- ❖ Liriope (Lily Turf)
- ❖ Lobelia (Cardinal Flower)
- ❖ Rudbeckia (Black Eyed Susan)
- ❖ Sedum
- ❖ Solidago

Pippi's Locations & Hours (May 1st - October 14th)

CNY Regional Market Authority:

2100 Park Street
Syracuse, NY

Open:

Thurs. 10:00 AM - 4:00 PM^{+/-}

Sat. 7:00 AM - 2:00 PM

Home Location:

12 Sherry Lane
Kirkville, NY 13082
(Sherry Ln. is located off Fyler Rd.,
¼ mile east of N. Kirkville Rd.)

Open:

Fri. 10:00 AM-6:00 PM

Or By Appointment or Chance



Member:

Perennial Plant Association
New York State Nursery/Landscape Association