



# Growing Matters

## Greetings

Is your Garden Club or organization looking for an inviting and comfortable place to hold a meeting? I would be happy to host your event and give a gardening or yoga related presentation. Pippi's can accommodate approximately twenty people indoors or out. Groups with ten or more people will receive 10% off nursery stock during their visit.

I hope you will consider scheduling a meeting at Pippi's. There is always something in bloom from April into October.

Speaking of meetings, please note that the August meeting of Pippi's Garden Club

has been postponed. The seminar, *Plants for Challenging Locations*, originally scheduled for the August gathering, will be presented at 10 am, September 12<sup>th</sup>, during Pippi's Fall Customer Appreciation Day.

Also, Pippi's will be closed Wednesday, July 14th to allow for a short vacation I will be taking with my mother, sister and niece.

See the next page for the July through September calendar of events including a list of Kripalu yoga classes being offered at Pippi's Perennials and Blooming Yoga. I look forward to seeing you soon.

- Vicky Hilleges

## Gardening in the Shade

Shade gardening is an acquired taste. Most gardeners, when they first start out, are drawn towards the showy, colorful blooms of perennials that bloom in the sun. It is relatively easy to find a variety of perennials with staggered bloom times that thrive in the sun, guaranteeing color throughout the growing season. By comparison, the blooms of most shade plants are more subtle and typically bloom in the spring making it frustrating for gardeners who want color provided by flowers throughout the growing season. Over time gardeners who are presented with shade gardens come to see beyond the flowers to the beautiful array of colors and textures provided by foliage. Plants such as Heuchera, Tiarella, Heucherealla, ferns, Carex, Lamium, Hosta,

Astilbe, Pulmonaria, and Dicentra all thrive in and add interest to the shade garden.

So don't overlook that shady nook. Remember, gardening in the shade has other benefits. It tends to be cooler and you don't have to worry about getting a sun burn while you garden. The ground tends to retain moisture a little longer so you don't need to water as much to get plants established, and since many of the shade plants add interest through foliage, you don't have to spend as much time trimming off spent blooms to make them look more attractive.

Visit [www.pippis.net](http://www.pippis.net) and view the plant listings page for a complete list of plants that thrive in the shade or stop in for a visit and let me show you the wide range of plants available for your shade garden.

## Garden Gate Chat

**I love my Geranium 'Rozanne', but it has gotten too big for the spot I have it in the garden. Is there anything I can do besides transplanting?** *Rozanne is a beautiful plant that produces an abundance of violet blue blooms from June until frost, but it does get quite large. If your plant has grown larger than you would like, simply use your pruners to trim back the outermost growth. Trim the stems by lifting the foliage and making the cuts back towards the center of the plant to make the pruning less noticeable. Be careful to only cut the stems of the outer most growth.*

## Pippi's Plant Spotlight

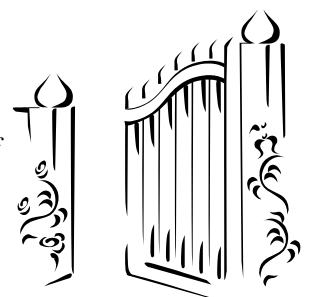


*Helianthus x multiflorus*  
'Sunshine Daydream'

a.k.a. perennial sunflower

Golden yellow, double sunflower. Pincushion-like 2½" flowers sit atop sturdy, dark green foliage and stems from June to August.

- Sun
- Native
- 5'-6' tall
- Zones 4-8
- Attracts butterflies
- Cut flower





Helping People & Plants Flourish

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[www.pippis.net](http://www.pippis.net)

## Gift Certificates Available (good for both plants & yoga)

### Kripalu Yoga Classes

*for health and well-being*

**for your body** stretch and tone muscles • release chronic tension • de-stress and refresh

**for your mind** calm restless thoughts • cultivate concentration • support mental clarity and confidence

**for your spirit** encourage self-acceptance • honor inner wisdom • invite deep peace

**What to expect in a Kripalu Yoga class** Classes begin with warm-up movements and breath awareness to prepare you for yoga postures. The heart of each class is a sequence of postures that stretch, strengthen, and balance your body. Each class ends with deep relaxation and meditation. Class levels range from gentle to vigorous.

### Pippi's Locations & Hours

**CNY Regional Market Authority:**

**Open: May 1<sup>st</sup> – Oct 16<sup>th</sup>**

Thurs. 10:00 AM – 5:00 PM (Shed A/19&21)

Sat. 7:00 AM - 2:00 PM (Shed D/10+12)

2100 Park Street

Syracuse, NY



### Pippi's Calendar of Events Kripalu Yoga Summer Schedule

**Mondays, 6:00 pm – 7:15 pm**

July 19, 26

Aug. 2, 9, 16, 23

Sept. 13, 20, 27

**Tuesdays, 6:00 pm – 7:15 pm**

July 6, 20, 27

Aug. 3, 10, 17, 24, 31

Sept. 7, 14, 21, 28

**Wed., Gentle Yoga 8:45 am – 10:00 am**

July 21, 28

Aug. 4, 11, 18, 25

Sept. 8, 15, 22, 29

**Sign up by the month • \$10 per class with preregistration • Class size limited to eight**

### Fall Customer Appreciation Day

Sept. 12:

Gardening Seminar 10:00 am

Discounts, Refreshments & Display

Gardens, 10 am - 4 pm

**Home Location:**

**Open: April 21<sup>th</sup> – Oct. 15<sup>th</sup>**

Wed. & Fri. 10:00 AM – 5:00 PM

Or By Appointment

12 Sherry Lane

Kirkville, NY 13082