

Winter Yoga Schedule



Mondays, 6:00 pm – 7:15 pm

Dec. 13, 20, 27
Jan. 3, 10, 17, 24, 31
Feb. 7, 14, 21, 28
Mar. 7, 14, 21, 28

Tuesdays, 6:00 pm – 7:15 pm

Dec. 7, 14, 21, 28
Jan. 4, 11, 18, 25
Feb. 1, 8, 15, 22
Mar. 1, 8, 15, 22, 29

Wednesdays, 8:45 am – 10:00 am

Dec. 1, 8, 15, 22, 29
Jan. 5, 12, 19, 26
Feb. 2, 9, 16, 23
Mar. 2, 9, 16, 23, 30

Vicky Hilleges, Certified Kripalu Yoga Teacher
\$10 per class with preregistration for the month
\$12 drop in • Class size limited to eight

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